

Friday, October 18

8:30 am **Registration Opens** Varsity Foyer

9:00 am - 12:00 pm FMM Collaboratives & Preconference Workshop

PRECON1 **Battlefield Acupuncture workshop** Northwoods

Jennifer Svarverud, DO, University of Wisconsin Madison, Department of Family Medicine and

Community Health, WI

COLL01 **Faculty Development** Industry

Alicia Vazquez MD

COLL02 Landmark Scholarly Activity Collaborative (SAC)

Rick Guthmann, MD

COLL03 **Perinatal Care & Family Medicine** Agriculture

Safiya McNeese-Ruffin, MD, Associate Program Director, Director of SIU Alton Family Medicine

Obstetrics & Women's Health, IL

10:30 - 10:45 am **Break with Exhibits Varsity Lounge**

12:00 - 12:30 pm FMM committee's kickoff (Host & Education committee mbrs only) Agriculture

Opening Plenary Session & lunch 12:30 – 2:00 pm

From Advocacy to Action: Navigating Unexpected Paths in Family Medicine, Public Health, and PLEN01

Addiction Medicine

Presented by Elizabeth Salisbury-Afshar, MD, MPH, Associate Professor in the Departments of Family Medicine and Community Health and Population Health Sciences at the University of

Wisconsin School of Medicine and Public Health in Madison, Wisconsin

2:00 - 3:00 pm **Education Sessions (60 min)**

WRK01 **Management of Early Pregnancy Loss** Landmark

Jessica Dalby, MD, University of Wisconsin Madison, Department of Family Medicine and

Community Health, WI

SEM01 Supporting the Underperforming Medical Learner: The SPIRiT Approach Industry

Lashika Yogendran, MD, MS, University of Wisconsin-Madison, Department of Family Medicine

Varsity I & II

and Community Health WI

SEM02 Changing How We See Disability, and Ourselves: A New Paradigm Northwoods

Joanna Turner Bisgrove MD, FAAFP, Rush University Medical Center, IL Department of Family

and Preventative Medicine

SEM03 Implementing a Residency Curriculum to Improve Clinical Reasoning Agriculture

Keri Bergeson, MD. University of Minnesota, North Memorial Family Medicine Residency

Program, MN

Education Sessions (30 min) 3:05 - 3:35 pm

SEM04 Elevate Recruitment with an Outpatient Sub-internship Program Landmark

Cynthia Ohata, MD, FAAFP, Advocate Christ, IL



Friday continued

SEM05 Learner-Centered Approach to Medical Education Industry

Chelsea Thibodeau, DO, University of Minnesota Medical School Department of Family Medicine

and Community Health, MN

SEM06 Enhancing Family Medicine Residency Curriculum Through a Curriculum Northwoods

Committee and Feedback Tool

Emma Worringer, MD, MPH, Rush Esperanza Family Medicine Residency Program, Department

of Family and Preventive Medicine, IL

SEM07 Don't Fear the SOAP Agriculture

Shane M. Tendick, MD, Medical College of Wisconsin, Ascension SE Wisconsin Hospital - St.

Joseph Campus, WI

3:35 – 4:00 pm Break with Exhibits Varsity Lounge

4:00 - 4:30 pm Educational Sessions (30 mins)

SEM08 Learner-Centered Approach to Supporting Struggling Learners Landmark

Deirdre Paulson, PhD, ABPP, Mayo Clinic, Family Medicine Residency, WI

SEM09 Preparing the Perfect Practice Management Playbook Industry

Michael Chung, DO, Rush Esperanza Family Medicine, IL

SEM10 Join the Fam! The Development of an Integrated Family Medicine Residency Northwoods

Program

Rhonda Verzal, MD FAAFP, University of Illinois Rockford, Family Medicine Residency, IL

SEM11 Strategies for the Development and Implementation of Competency-Based Agriculture

Evaluation Tools for Difficult to Assess Milestones in Residency Education

Rebecca Lara, MD, EdM Rush University Medical Center RUSH-Esperanza Family Medicine

Residency Program

4:35 – 5:35 pm Educational Sessions (60 mins)

WRK02 Osteopathic Treatment in Pregnancy Landmark

Antoinette Lullo DO, UCM Advent Health Hinsdale Family Medicine Residency, IL

SEM12 Peer Reviewing for Scholarly Publications Industry

Sarina Schrager, MD, MS, University of Wisconsin, Family Medicine and Community Health, WI

SEM13 Development of a URiM Pathway Program to Support and Increase Provider Northwoods

Diversity

Estefan Beltran, MD, University of Wisconsin – Madison, Department of Family Medicine &

Community Health

SEM14 Leadership and Gender: Moving the Needle Agriculture

Joanna Turner Bisgrove MD, FAAFP, Rush University Medical Center, Department of Family and

Preventative Medicine

5:30 – 7:30 pm Welcome Reception – GAME ON! Varsity III



Saturday, October 19

7:30 amRegistration OpensVarsity Foyer8:00 - 6:00 pmSpeaker Ready RoomTraditions8:00 am - 6:00 pmConference exhibitsVarsity Lounge

8:00 – 9:00 am Continental Breakfast & Visit with exhibitors Varsity Lounge

Poster Session I (Completed Student Posters) Varsity III

POST01- Attending and Resident Physician and Clinic Staff Reported Barriers to Cancer Screenings at the Duluth

Family Medicine Residency Program

April Feist, MS, University of Minnesota Medical School, Medical School - Duluth Campus, MN

POST02 -Exploring Produce Supply & Demand in the Dane County Emergency Food System

Aynsley Hartney, University of Wisconsin Madison, School of Medicine and Public Health, WI

POST03 -Implementation of the Peer Shopping Program for New Women, Infants, and Children (WIC) Participants

Ellie Mallek, MD, College of Wisconsin-Central Wisconsin, School of Medicine, WI

POST04- Walk With Ease benefiting South Dakota

Bailey Thooft, University of South Dakota Sanford School of Medicine, Sanford School of Medicine, SD

POST05 - Breaking Barriers: Empowering Detroit's Youth through Hands-On Anatomy Education

Emelie-jo Scheffler, BS, Oakland University William Beaumont School of Medicine, Foundational Medical Studies, MI

POST06 - Community Health Intervention Programs' Impact on Self-Efficacy in Managing a Chronic Medical Condition

Hannah Wheeler BS, Medical College of Wisconsin - Green Bay, WI

POST07 - Moral Injury and Planetary Health in Primary Care

Kevin Dunn, BA, University of Wisconsin School of Medicine and Public Health, Department of Family Medicine and Community Health, WI

POST08- Installing Overdose Aid Kits in Portage County

Lauren Woyak, B.S., Medical College of Wisconsin, WI

POST09 - Examining Telemedicine Trends: Insights from Google Search Interest in the Midwest

Michael Ma, BS, University of Illinois, Urbana-Champaign, Carle Illinois College of Medicine, IL

POST10 -Difference in BMI improvement seen in patients with obesity treated at a general pediatric clinic versus a specialized obesity clinic.

Olivia Kavanaugh, Marian University College of Osteopathic Medicine, IN

POST11- Feasibility of a diabetes text message intervention in the Hmong community

Abby Brustad, MS4, University of Minnesota Medical School, MN

POST12 -Period Poverty Within John Muir Middle School

Paige Biesterfeld, MS3, Medical College of Wisconsin - Central Wisconsin, WI

POST13 - Childbearing Education Classes in South Dakota

Tayler Modlin, University of South Dakota Sanford School of Medicine, Sanford School of Medicine, IA

POST14- A Content Analysis of Healthy Habit References in Parental Facebook Support Groups

Natasha Ignatowski, BS, University of Wisconsin School of Medicine and Public Health, WI

POST15 - Exploring the Impact of Trauma-Informed Care on Employment Readiness: A Mixed Methods Analysis of Wisconsin Works (W-2) Program

Peter Holmes, Medical College of Wisconsin, Family Medicine, WI

POST16- Paternal involvement in the labor and delivery ward maternity setting at Queen Elizabeth Central Hospital in Malawi

Hanna Blankemeier, Sidney Kimmel Medical College at Thomas Jefferson University, Family and Community Medicine, IL



Saturday continued

POST17 - Acute Injury Characteristics of Sport-Related Concussion in High School Athletes

Zelda Moran, MPH, University of Illinois Urbana Champaign, Carle Illinois College of Medicine, IL

9:05 - 10:05 am Educational Sessions (60 mins)

WRK03 Knee Effusion Evaluation and Arthrocentesis with Point-of-Care Ultrasound in Landmark

Family Practice

Jordan O'Neill, DO, Ascension Resurrection Family Medicine Residency, Family Medicine/Sports

Medicine, IL

SEM15 From Interest to Impact: Student Leaders as Family Medicine Champions Agriculture

Samantha Busch, University of Wisconsin School of Medicine and Public Health, WI

SEM16 Hospice for the Family Medicine Physician: Strategies for Appropriate Industry

End-of-life Care

Ryan Jozwiak MD, Carelon Health Palliative Care, IL

SEM17 Assessment and treatment of ADHD in Family Medicine: an Integrated/ Northwoods A

Structured Approach

Devin Santa, MD, Union Hospital, Family Medicine Residency, IN

II01-II06 Innovative Ideas Northwoods B

II01 - Comprehensive Weight Management: A Multidisciplinary Approach at an Urban

Federally Qualified Health Center

Vinaya Gogineni, MD, Northwestern McGaw Family Medicine, IL

IIO2 - Enhancing Medical Education Through Collaborative Technology: A Study on Resource

Utilization and Peer-Sourced Learning Strategies

Daniel Ng, BE, University of Illinois-Urbana Champaign, Carle Illinois College of Medicine, IL II03 - Is the Patient Home? A Home Visit Curriculum with a Focus on Social Determinants of

Health

Hannah Polus, MD, Ascension Illinois Saint Mary Chicago, Family Medicine Residency

1104 - Implementing Advocacy Electives in Family Medicine Training

Michael Garcia, MD, Rush Esperanza Family Medicine, IL

IIO5 - Upskill YOUR care for patients with serious illness and for learners with tools for FREE! Janice L Benson, MD, University of Chicago (NorthShore-Endeavor) Family Medicine Residency,

IL

II06 - Medical students as advocates: coalition building for infertility insurance coverage in

Minnesota

Abby Brustad, MS4, University of Minnesota Medical School, MN

10:10 – 10:40 am Educational Sessions (30-minute)

SEM18 Clinical Peer Review: Lean in, Learn and Disrupt! Landmark

Mark Wirtz, MD, University of Wisconsin, Dept of Family Medicine & Community Health, WI

SEM19 The Gender of the Sender: Assessing Gender Biases of Greetings in Patient Agriculture

Portal Messages

Allison Couture, DO, MPA, University of Wisconsin School of Medicine and Public Health

Department of Family Medicine and Community Health, WI



Saturday continued

SEM20 HOPE for Patients with Substance Use: Evaluating Hospital Staff Response to Industry

Education on Hospital Overdose Prevention Effort (HOPE) Kits for Pregnant

and Parenting Patients

Caitlin Regner, MD, University of Wisconsin School of Medicine and Public Health, Department

of Family Medicine and Community Health, WI

SEM21 Scared to Death: Unlearning the Fear of the Death and Dying Discussion Northwood A

Kush Desai, MD, RUSH University Medical Center, Family Medicine, IL

SEM22 A More Inclusive Journal Club: Assessing Health Equity Implications in Northwoods B

Research Articles

Lashika Yogendran, MD, MS, University of Wisconsin-Madison, Department of Family Medicine

and Community Health, WI

10:45 – 11:45 Break with Exhibitors

Varsity Lounge

Poster Session II (Developing Student & Resident Physician Posters) Varsity III

POST18 - Refugee Domestic Medical Examination Training for Family Medicine Residents

Elisabetta Tyriver, MD, UW-Madison, Department of Family Medicine and Community Health - Residency Program, WI

POST19 - A new musculoskeletal longitudinal curriculum at an urban FQHC based residency program

Ryan Mak MD Northwestern McGaw/Erie Humboldt Park , Family Medicine, IL

POST20- Abdominal Aortic Aneurysm Screening Rates: A Continuous Quality Improvement Project

Mohammed Zayd Mughal, MD, Southern Illinois University, IL

POST21- Premorbid Risk Factors for Sport-Related Concussion in High School Athletes

Zelda Moran, MPH, University of Illinois Urbana Champaign, Carle Illinois College of Medicine, IL

POST22 - Utilizing Registered Dietitians to Improve Nutrition Education for Medical Students

Andee James, MPH, MS4, University of South Dakota, Sanford School of Medicine, SD

POST23 - Increasing Access to Depot Medroxyprogesterone Contraception with Subcutaneous Administration

Maria Margarita Castellanos Llorca, B.S. University of Wisconsin School of Medicine and Public Health, Summer Research & Clinical Assistantship, WI

POST24 -Sparking a Connection: Experiences of those living with dementia and their caregivers through the Spark! Program

Carley Hintz, M.S., Medical College of Wisconsin - Central Wisconsin, School of Medicine, WI

POST25 - Nutrition-Based Health Communications to Affect Behavior Changes in Children

Emma Patch, BS, University of Wisconsin School of Medicine and Public Health, Department of Family Medicine and Community Health, WI

POST26 -Cervical Cancer Screening QI Project: Improving rates at Wingra Access Clinic

Valeria Charles, B.A., University of Wisconsin Madison, School of Medicine and Public Health, WI

POST27 - Getting it Done in Advance: Advanced Care Planning

Layne Anderson, MD, University of Minnesota, North Memorial Family Medicine Residency, MN

POST28 - CoPilot: A Case Study in Improving Physician Efficiency and Burnout Using an AI Digital Scribe

Avery Keesee BS, UICOM – Rockford, Allopathic Medicine, IL

POST29 - Psychological Safety of Family Medicine Residents on their OB rotation

Tyona Golden, MSMS, Southern Illinois University School of Medicine, Medical Education, IL

POST30 - Barriers to and Facilitators of Rural Medical Student Matriculation

Katie K. McLaughlin, JD, MS4, University of Minnesota Medical School, Medical School, MN

POST31 - Inpatient OMT for post operative ileus Prevention study (IPOP)

John David A. Manuel, DO, SSM Monroe Clinic, Family Medicine, WI



Saturday continued

POST33 - Impacts of Medical Education in High School on Healthcare Career Determination

Jessica Linke, MS4, 4th Year Medical Student - University of South Dakota

11:45 – 12:45 pm Boxed Lunch & Lunch Roundtables

(grab a box at marquee foyer and eat where you like in the union or visit a session room to be part of a roundtable,

informal discussion)

RT01 Strategies for "Doctor Parents" at Every Stage of Medicine Landmark

Mustafa Alavi, MD, Erie Family Health Centers, University of Chicago Endeavor Family Medicine

Residency, IL

RT02 Direct Primary Care Agriculture

Amanda Preimesberger, MD, Board Certified Family Physician, Owner

RT03 Fellowships Industry

Kelly Potter, Director of Graduate Medical Education, Mercyhealth & Lee Dresang, MD

University of Wisconsin

RT04 Addiction Medicine Northwoods A

Jonathan Dickman, MD, PhD, Allina Health United Family Physicians clinic, MN

RT05 Lifestyle and Integrative Medicine Northwood B

Karina Atwell, MD, UW Madison Residency Lifestyle Medicine Pathway and Vinnie Minichiello,

MD, Director, UW Integrative Health Fellowship, WI

1:00 – 2:00 pm Plenary Marquee Auditorium

PLEN02 Building an Inclusive Practice: My Journey in Family Medicine

Presented by Melissa Hidde, MD, MPH, FAAFP, Family Physician, Bellin Health, Green Bay, WI

2:05 – 3:05 pm Educational Sessions (60-minute)

WRK04 A Hands-On Introduction to Osteopathic Manipulative Treatment for Allopathic Landmark

Carlos Aispur DO, University of Minnesota Medical School, Department of Family Medicine and

Community Health, North Memorial Family Medicine Residency Program, MN

SEM23 Abortion Access Across the Midwest Agriculture

Ashlyn Brown, MD, University of Wisconsin-Madison, Department of Family Medicine and

Community Health, WI

SEM24 From Med Student to Match Day & Beyond: Unlock the Power of Behavioral Industry

Interviewing

Terri A. Nordin, MD, Mayo Clinic, Family Medicine Residency, Eau Claire, WI

SEM25 Preparing to Prescribe PrEP Northwoods A

Elizabeth Payment, MD Advocate Christ Family Medicine, IL

SEM26 Pills, Patches, and Progesterone: Cases in Contraception Management Northwood B

Kailin Randolph, MD, University of Wisconsin-Madison, Department of Family Medicine and

Community Health, WI

3:10 – 4:10 pm Break with Exhibitors Varsity Lounge

Poster Session III (Physician, Resident Physician & other Healthcare

Professional Posters) Varsity III

POST34 - Agreement between HPV results of self-collected vaginal samples at home and clinician-collected cervical samples in clinic

Kathy L. MacLaughlin, MD, Mayo Clinic, MN



Saturday continued

POST35 - A Team Approach to Insulin Titration in Busy Primary Care Clinics

Tana Chongsuwat, MD, MPH, Erie Family Health Centers, IL

POST36 - Medication abortion in primary care: Evaluation of the Midwest Access Project/ExPAND Mifepristone learning collaborative

Valeria Hernandez, BS, University of Chicago, Family Medicine, IL

POST37 - Managing Menopause: A Curricular Pilot for Treatment of Vasomotor Symptoms

Erica Zak, MD, Advocate Lutheran General Hospital, Family Medicine, IL

POST38 - Stigma in Substance Use Disorder

Katie Leiteritz, DNP student, MSN, FNP-BC, University of Missouri Kansas City, Doctorate in Nursing Practice, WI

POST39 - Improving Clinical Document Integrity and Reducing Physician Burnout through Documentation and Order Set Templates

Justin Chen, Swedish Hospital, Family Medicine, IL

POST40 - University of Wisconsin-Madison Family Medicine Residency: Evaluating Outcomes of an Urban Program's Rural Training Spectrum

Kane Laks, MD, Menominee Tribal Clinic, Family Medicine, WI

POST41 - Preparing to Prescribe PrEP: Teaching Family Medicine the Basics of Prescribing HIV Prophylaxis

Elizabeth Payment, MD, Advocate Christ Family Medicine Residency, Family Medicine, IL

POST42 - A Spoonful of Sugar: Elevated One-Hour Glucose Tolerance Tests as Predictors of LGA and Shoulder Dystocia

Enrique Blanco-Martinez, MD, Ascension Illinois - Saint Mary (Chicago) Hospital, Family Medicine Residency, IL

POST43 - Examining Unsatisfactory Pap Test Rates and Guideline-Adherent Management in Family Medicine Clinics

Kathy MacLaughlin, MD, Mayo Clinic Rochester, Family Medicine, MN

POST44 - An approach to Trauma-Informed Care in the Primary Care Setting: Is it feasible to offer longer appointments to patients with a significant history of trauma?

Jeanne Gambucci DO MPH, Hennepin Healthcare, Family Medicine, MN

POST45 - Autism Spectrum Disorder in Primary Care: An Introduction

Marcelo Petti, DO, Advocate Lutheran General Hospital, Family Medicine, IL

POST46 - Clinical Effectiveness of Rimegepant with Onabotulinum Toxin type A in treatment of Chronic Migraine Harathi Bhooma, MD, SLU Southwest IL Family Medicine Residency, IL

POST47 - Introduction of Self-Collection for Cervical Cancer Screening in a Community Center Serving Southeast Asian Immigrant and Refugee Women

Tana Chongsuwat, MD, MPH, Northwestern University, Family Medicine and Community Health, IL

POST48 - Bridging Gaps in Mental Health: Empowering Primary Care Providers in Wisconsin

William Michael, MD, University of Wisconsin, Department of Family Medicine and Community Health, WI

POST49 - Unlocking Faculty Potential: A Systematic Approach to Developing and Evaluating a Multi-site Quality Curriculum Using Quality Improvement Principles

Carrie Wirth, MD, Indiana University School of Medicine Family Medicine, IN

POST50 - Talk the Talk, Walk the Walk: A Pilot Curriculum in Advance Care Planning (ACP) in the Family Medicine Practice (FMP) Site

Jeanette Cheng, MD MHS, University of Chicago/Northshore Family Medicine Residency Northshore Family Medicine Residency, IL

POST51 - The Midwest Trans Health Education Network: Increasing Access to Gender Affirming Medical Care Through Virtual Training Cohorts and Peer Mentorship

Kelsey Leonardsmith, MD, FAAFP, University of Minnesota, Saint John's Family Medicine Residency, MN

POST52 - Unravelling Cannabinoid Hyperemesis Syndrome: Insights from a Community Hospital Cohort StudyMannan Hashmi, MD, Mt Sinai/Jackson Park Hospital, Family Medicine, IL



Saturday continued

POST53 - Improvement in Clinical Staff Attitudes and Actions Towards Patients in Gender Affirming Care Clinic: A QI Project

Shalini Kumar, MD, Advocate Christ Family Medicine Residency, Family Medicine, IL

3:10 - 4:10 pm Resident/Physician-Only Access to the Exhibit Hall for Career and Fellowship

Opportunities

Residents can use this hour of "You Time" to explore family medicine career opportunities with our conference supporters with uninterrupted access before you go on duty representing your residency program during the student residency fair at the end of the day. Fellowships programs will also have a dedicated table to answer questions about their opportunities. Students will not be admitted into the ballroom until 5:15.

4:15 – 5:15 pm Educational Sessions (60-minute)

WRK05 Trouble-shooting IUD procedures Landmark

Viktoriya Ovsepyan, MD, University of Wisconsin Madison, Department of Family Medicine, WI

WRK06 Inquisitive Minds: Narrative Medicine as a Tool for Restoring Agriculture

and Nurturing Curiosity

Aynsley Hartney, University of Wisconsin Madison, School of Medicine and Public Health, WI

SEM27 Application and Interview Tips for IMG students: the Do's and Don'ts Physician Industry

Alicia Vazquez, MD, Ascension Illinois Saint Mary Chicago, Family Medicine, IL

SEM28 Primary Care Buprenorphine Induction Strategies for the Fentanyl Era of the Northwoods A

Opioid Crisis

John Hayes DO, FASAM, Medical College of Wisconsin, Family Medicine, IL

SCH01-03 Scholarly Presentations (15 min sessions) Northwoods B

SCH01 - Implicit Interconception Care in a Primary Care Residency Clinic

Laura Miller, MD MPH, University of MN Department of Family Medicine, North

Memorial/Broadway Family Medicine Residency Program, MD

SCH02 - Uncovering motivations and important benefits in men pursuing weight loss: What

motivates men?

Mariangeline Gonzalez, MD, Rush University Medical Center, Rush Esperanza Family Medicine

Program, IL

SCH03 - [Cigarette] Butt did you document it?

Bushra Joarder, MD, University of Illinois Rockford Family medicine, IL

5:15 – 7:15 pm Residency Fair in Exhibit Hall

Varsity I & II